

RUNNING NORTH

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SUNDAY WEEKLY 6:30 AM	SUNDAY MORNING RUNS 6, 10, 13 AND 18 MILE LOOPS	BILL CORNELL 904-260-3417	SUN TIRE, BLANDING BLVD ORANGE PARK FL	
WEDNESDAY WEEKLY 6:00 PM	CAPT'N FUN RUNS	850-934-1248	BOARDWALK PENSACOLA BEACH FL	ANY DISTANCE
MONDAY JULY 12 8:00 AM	CITRUS SUMMER SHOWDOWN 5K	MILTON LYONS 352-220-3824	INVERNESS FL.	
SATURDAY JULY 24 7:30 AM	RUN FOR AFRICA 5K	7407-322-1211	WINTER SPRINGS FL.	
SATURDAY JULY 31 7:30 PM	VESTCOR BRIDGES RUN 5K	1ST PLACE SPORTS 904-731-3676	JACKSONVILLE FL	
SUNDAY AUGUST 8 5:30 PM	SUNSET 5K	TOM KOKDISH 850-456-5218	PENSACOLA FL.	
FRIDAY AUGUST 13 TBA	TOUR DE PAIN 2 DAYS 4 MILE / 5K / 1 MILE	1ST PLACE SPORTS 904-731-3676	JACKSONVILLE BEACH WALK JACKSONVILLE FL.	
SATURDAY AUGUST 14 8:00 AM	TROJAN PRIDE 5K RUN	PAUL O' HALLORAN 850-921-2516 X1192	TALLAHASSEE FL.	
SATURDAY AUGUST 28 8:00 AM	MILLER'S LANDING MADNESS 8K AND 5K	TOM PERKINS 850-894-2019	ELINOR KLAPP PHIPPS PARK TALLAHASSEE FL.	
SATURDAY SEPTEMBER 4 7:30 AM	TURTLE TROT 5K AND 10K	904-277-3676	FERNANDINA BEACH FL.	
SATURDAY SEPTEMBER 11 8:30 AM	RUN FOR HEROS 5K	ANGEL SKULL-JAMES 850-332-6532	PENSACOLA FL.	
SATURDAY SEPTEMBER 18 8:00 AM	TALLAHASSEE WOMEN'S DISTANCE FESTIVAL	LISA UNGER 850-544-4893	OPTIMIST PARK TALLAHASSEE FL.	
SATURDAY FEBRUARY 5 TBA	FIGHT FOR AIR CLIMB 42 FLOOR STAIRCLIMB	HEATHER JULIN-PITTMAN 904-520-7123	JACKSONVILLE FL.	