

## RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER.GATORADE EVERY 2 MILES
SAT AND SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	SKIP ROGERS trotskip1@ate.net	CITY HALL PLAZA CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3, 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH LITHIA FL	
SATURDAY WEEKLY 7:00 AM	TAKE THE FIRST STEP ALL LEVELS 3 MILES AND UP	LYNN GRAY 813-481-9310	CARROLLWOOD CORNERS AND TRAILHEAD AT UPPER TAMPA TRAIL	ALL SPEEDS ALL ABILITIES ALL RUNNERS
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
SATURDAY MARCH 6 7:30 AM	BELLEAIR CLASSIC 10K AND 5K	belleairclassic@yahoo.com www.belleairclassic.com	BELLEAIR FL.	
SATURDAY MARCH 6 7:30 AM	ZOO ZOOM 5K RUN	INFORMATION LINE 813-254-7866	LOWRY PARK ZOO TAMP	
FRIDAY MARCH 12 7:00 PM	SHAMROCK'N RUN 5K	SKIP POTS 813-587-6740 X5016	LARGO FL.	
SATURDAY MARCH 13 8:00 AM	ARMADILLO RUN XXVII 10K,5K AND 1 MILE	COLLEEN MORRISSETTE 813-855-5824	OLDSMAR LIBRARY OLDSMAR FL.	
SATURDAY MARCH 13 8:00 AM	TOUR DE VILLAGE 5K	813-842-7066	CARROLLWOOD NORTH TAMPA	
SUNDAY MARCH 14 TBA	TROUT CREEK TRAIL RUNS	TAMPARACES.COM 813-232-5200	TAMPA FL.	
SUNDAY MARCH 14 8:00 AM	BRANDON SHAMROCK CLASSIC 10K AND 5K	INFORMATION 813-681-4279	SABAL PARK BRANDON FL.	
SATURDAY MARCH 20 TBA	2009 FIGHT FOR AIR CLIMB	1800-LUNG-USA	TAMPA FL.	
SATURDAY MARCH 20 8:00 AM	STRAWBERRY CLASSIC 5K AND 10K	727-512-8535 813-238-4226 813-695-3877	TEMPLE TERRACE ELEM. TEMPLE TERRACE FL.	
SUNDAY MARCH 21 TBA	INAUGURAL FLORIDA'S BEACH HALFATHON 13.1 M	VOICEMAIL 727-347-4440	FORT DESOTO PARK ST. PETE FL.	
FRIDAY MARCH 26 6:45 PM	HONDA GRAND PRIX 5K	www.grandprix5k.com	DOWNTOWN ST. PETE FL.	
SATURDAY MARCH 27 7:30 AM	RACE FOR SIGHT 5K	TERRI GOLDSTEIN 813-289-7025	TAMPA FL.	
SATURDAY MARCH 27 8:00 AM	BEACH TO BAYOU 5K	TERRY SMITTERS 727-943-3651	FRED HOWARD PARK TARPON SPRINGS FL.	
SATURDAY APRIL 3 TBA	CROOM TRAIL RUN 50 MILE & 50K	TAMPARACES.COM 813-232-5200	BROOKSVILLE FL.	
SATURDAY APRIL 3 8:00 AM	HARE RACING EXPERIENCE 5K AND 1 MILE	TOM ORTH 813-870-3414 X5	USF CAMPUS TAMPA FL.	
SATURDAY APRIL 3 8:00 AM	RUN FOR LUNGS 5K	813-374-2117	AL LOPEZ PARK TAMPA FL.	
SATURDAY APRIL 10 7:00 AM	BARTOW KIWANIS 5K	TODD VARGO 863-534-6465	BARTOW FL.	
SATURDAY APRIL 10 7:30 AM	LARAWAY MEMORIAL SUPER GOPHER 5K AND 1 MILE	727-243-0359 352-346-6705	HUDSON FL.	
SATURDAY APRIL 10 8:00 AM	HARVEY'S FESTIVAL OF STATES 5K RUN	INFORMATION LINE 8727-821-9888	DOWNTOWN ST. PETE FL.	
SATURDAY APRIL 10 8:00 AM	IRON GIRL 15K AND 5K	www.irinairl.com info@ironairl.com	PIER 60 CLEARWATER FL.	
SATURDAY APRIL 24 7:30 AM	BLUE RIBBON 5K RACE KIDA AGAINST CHILD ABUSE	KERRI PEDERSEN 727-544-3900 X168	WALSINGHAM PARK LARGO FL.	
FRIDAY APRIL 30 7:00 PM	HCPA RUN FOR SHELTER 5K	FRPM PROMOTION 813-874-7223	YBOR CITY TAMPA FL.	

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SATURDAY MAY 1 7:30 AM	MAY CLASSIC 5K	FRPM PROMOTION 813-874-7223	HYDE PARK TAMPA FL.	
SUNDAY MAY 2 8:30 AM	DARE TO GO BARE 5K RUN AND 2.5K WALK	LAKE COMO 813-949-1810	LAKE COMO RESORT LUTZ FL.	
FRIDAY MAY 7 7:00 PM	PICNIC ISLAND RUN #1	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL.	
SATURDAY MAY 8 7:00 PM	ULTRA MILES FOR MOFFITT 12 HOUR ENDURANCE RUN	PETE PFANNERSTILL 813-482-7200	USF CAMPUS TAMPA FL.	
SUNDAY MAY 9 8:00 AM	I LOVE "MOTHER" DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARK PALM HARBOR FL.	
SUNDAY MAY 9 8:00 AM	PLANT PANTHER 5K	MIKE BOZA 813-244-8908	AL LOPEZ PARK TAMPA FL.	
SATURDAY MAY 15 7:15 AM	MILES FOR MOFFITT 5 MILE AND 5K	<a href="http://www.milesformoffitt.com">www.milesformoffitt.com</a>	USF CAMPUS TAMPA FL.	
SATURDAY MAY 15 8:00 AM	HOG HUSTLE 5K	AMERICAN RUNNING CO. 727-812-4537	KNOLOGY PARK DUNEDIN FL.	
SATURDAY MAY 22 8:00 AM	U.S. SECRET SERVICE 5K	<a href="mailto:usss5k@yahoo.com">usss5k@yahoo.com</a> <a href="http://www.usss5krun.com">www.usss5krun.com</a>	ST. PETE TIMES FORUM DOWNTOWN TAMPA FL.	
SATURDAY MAY 22 8:30 AM	PURPLESTRIDE TAMPA BAY 5K	TRACY CONNOLLY 727-744-4026 <a href="http://www.purplestride.org">www.purplestride.org</a>	WAR MEMORIAL PARK ST. PETE FL.	
SATURDAY JUNE 5 8:00 AM	SPRING INTO SUMMER 5K AND 1 MILE	CHRISTINA MITCHELSON 813-263-5944	AL LOPEZ PARK TAMPA FL.	
FRIDAY JUNE 11 7:00 PM	OLDSMAR TAPHOUSE 5K	DESIGN SPORTS 727-420-4666 813-874-7223	OLDSMAR FL.	
FRIDAY JUNE 11 7:00 PM	PICNIC ISLAND RUN #2	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL.	
SATURDAY JUNE 12 8:00 AM	RAP RIVER RUN 5K AND 1 MILE	727-934-5320 <a href="http://www.rapriverrun.com">www.rapriverrun.com</a>	SIMS PARK DOWNTOWN NEW PORT RICHEY FL.	
SUNDAY JUNE 20 8:00 AM	I LOVE "FATHER" DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARK PALM HARBOR FL.	
FRIDAY JULY 9 7:00 PM	PICNIC ISLAND RUN #3	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL.	
SUNDAY JULY 11 8:00 AM	RUN THRU HELL 2010 5K	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL.	
SUNDAY AUGUST 15 8:00 AM	RUN THE HORIZON 5K	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL.	
SUNDAY NOVEMBER 21 TBA	WOMEN'S 1/2 MARATHON 13.1 MILES	727-502-9202 X300	DOWNTOWN ST. PETE DL.	