

RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER, GATORADE EVERY 2 MILES
SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	MICHAEL WEISS 727-644-7702	BAYFRONT TENNIS COMPLEX CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SUNDAY WEEKLY 7:00 AM	BRA GROUP RUNS - TUES 4 MILES 6:30 PM NATURES WAY THURS 6:30 PM BLOOM. TRK	LARRY BASS 685-6299	VARIOUS LOCATIONS BRANDON FL	SUNDAY 6:00 AM NATURES WAY BRANDON FL.
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3, 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH FISHHAWK FL.	
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
TUESDAY WEEKLY 6:15 PM	FISHHAWK RUNNERS CLUB TEMPO RUN / HILL WORK	STEVE DUNN 813-681-6141	FISHHAWK RANCH FISHHAWK FL.	
TUESDAY NITE WEEKLY 6:30 PM	PROGRESSIVE TRAINING TEAM TRACK WORK OUTS	DROR VAKNIN 813-846-5021 www.runprogressive.com	UNIVERSITY OF TAMPA TRACK TAMPA FL	coachdror@aol.com
WEDNESDAY WEEKLY 6:30 PM	TAKE... THE FIRST STEP VARIOUS DISTANCES	LYNN GRAY 813-961-9347	HILL MIDDLE SCHOOL NORTH TAMPA FL	TRACK w/o WED. ALL ABILITIES
SATURDAY MAY 5 8:00 AM	GUNNALLEN MAY CLASSIC 5K AND 1 MILE	MARISA ADAMS 813-675-5488	HYDE PARK TAMPA FL.	
SATURDAY MAY 5 8:00 AM	MARKET STREET MORTGAGE 3RD ANNUAK 5K RUN / WALK	MARGARET ARANO 727-724-7090	JOHN TAYLOR PARK LARGO FL.	
SUNDAY MAY 6 8:30 AM	DARE TO GO BARE 5K AND 1.5L WALK	RENE 813-909-8641	LAKE COMO LUTZ FL.	
FRIDAY MAY 11 6:45 PM	PICNIC ISLAND ADVENTURE RACES #1	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL	
SATURDAY MAY 12 8:00 AM	HOG HUSTLE 5K ANS 1 MILE	INFO LINE 727-812-4537	DUNEDIN FL.	
SATURDAY MAY 12 8:00 AM	MILES FOR MOFFITT 5 MILE AND 5K	INFORMATION LINE 813-745-2006	USF CAMPUS TAMPA FL.	
SATURDAY MAY 12 7:00 PM	MAYFAIRE CLASSIC 5K	FITNICHE 863-619-5390	LAKE MIRROR LAKELAND FL.	
SUNDAY MAY 13 8:00 AM	I LOVE "MOTHER'S DAY" 5K 5K RUN	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESNUT PARK PALM HARBOR FL.	
SATURDAY MAY 19 7:30 AM	SAFETY HARBOR SPRINTS 5K AND 1 MILE	INFORMATION LINE 727-726-2890	SAFETY HARBOR FL.	
SATURDAY MAY 19 8:00 AM	SECRET SERVICE RUN 5K	ERIN GIFFORD 813-227-2380	CHANNELSIDE DIST. TAMPA FL.	
SUNDAY MAY 20 8:00 AM	LETO FALCON 5K	MIKE BOZA 813-930-2566	AL LOPEZ PARK TAMPA FL.	
FRIDAY MAY 25 7:00 PM	MAC DILL CREDIT UNION 5K	EVERETT MCDOWELL 7813-837-2451 X2535	CROSTOWN CENTER TAMPA FL	
SATURDAY JUNE 2 8:00 AM	ROUGH RIDERS 5K	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL.	
SATURDAY JUNE 9 8:00 AM	SPRING INTO SUMMER 5K	SUMMER WOLFRATH 813-966-7608	AL LOPEZ PARK TAMPA FL	
FRIDAY JUNE 15 6:45 PM	PICNIC ISLAND ADVENTURE RACES #2	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL	
SUNDAY JUNE 17 8:00 AM	I LOVE "FATHE'S DAY" 5K 5K RUN	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESNUT PARK PALM HARBOR FL.	
FRIDAY JUNE 22 7:00 PM	PACE FOR PREVENTION TAMPA 5K	FRPM PROMOTION 813-874-7223	CENNENIAL PARK YBOR CITY FL. TAMPA FL.	
SUNDAY JUNE 24 8:00 AM	PACE FOR PREVENTION CLEARWATER 5K	FRPM PROMOTION 813-874-7223	SAND KEY PARK CLEARWATER FL.	
FRIDAY JUNE 29 6:45 PM	WEST FLORIDA Y SUMMER SERIES #1 SUNSET AT PIER 60 5K	MICHAEL WEISS 727-772-7799	PIER ONE CLEARWATER BEACH FL.	

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SUNDAY JULY 1 8:00 AM	RUN THRU HELL 5K	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL	
WEDNESDAY JULY 4 TBA	KIWANIS MIDNIGHT RUN 19K AND 5K	JOE GARRISON 727-535-2257	DUNEDIN FL.	
WEDNESDAY JULY 4 8:00 AM	LUTZ INDEPENDENCE DAY 5K RUN	TERRY DONOVAN 813-949-6659	LUTZ FL.	
FRIDAY JULY 13 6:45 PM	WEST FLORIDA Y SUMMER SERIES #2 SUNSET AT PIER 60 5K	MICHAEL WEISS 727-772-7799	PIER ONE CLEARWATER BEACH FL.	
SATURDAY JULY 14 7:30 AM	FLEA MARKET 5K	SUZANNE HENSLEE 727-642-2929	PALM HARBOR FL.	
FRIDAY JULY 20 6:45 PM	PICNIC ISLAND ADVENTURE RACES #3	TAMPARACES.COM 813-232-5200	PICNIC ISLAND TAMPA FL	
FRIDAY JULY 27 6:45 PM	WEST FLORIDA Y SUMMER SERIES #3 SUNSET AT PIER 60 5K	MICHAEL WEISS 727-772-7799	PIER ONE CLEARWATER BEACH FL.	
FRIDAY AUGUST 10 6:45 PM	WEST FLORIDA Y SUMMER SERIES #4 SUNSET AT PIER 60 5K	MICHAEL WEISS 727-772-7799	PIER ONE CLEARWATER BEACH FL.	
FRIDAY AUGUST 24 6:45 PM	WEST FLORIDA Y SUMMER SERIES #5 SUNSET AT PIER 60 5K	MICHAEL WEISS 727-772-7799	PIER ONE CLEARWATER BEACH FL.	
SUNDAY SEPTEMBER 2 8:00 AM	TUITION TROT 2007	FRPM PROMOTION 813-874-7223	USF CAMPUS TAMPA FL	
SATURDAY SEPTEMBER 22 8:00 AM	SNEAKER STREAKER 5K	813-949-9327 X336	PARADISE LAKES LUTZ, FL.	
SATURDAY SEPTEMBER 22 8:00 AM	YWCA RACE AGAINST RACISM 5K AND 1 MILE	JUDY WOODS 727-896-4629 X31	TAYLOR PARK LARGO FL.	SPECIAL "MOVING BILLBOARD DIVISION SPONSORSHIP AVAI
SUNDAY DECEMBER 2 8:00 AM	BRANDON 1/2 MARATHON & 5K	INFORMATION LINE 813-684-0224 X212		